

REGISTRATION

Name: _____

Address: _____

Phone: _____

Email: _____

Waiver: I waive any and all claims against United Fund of Surry and their sponsors for illness or injury which may result directly or indirectly from my participation in this race. I further state that I am in proper physical condition to participate in this event. I am also aware that participating in this event could, in some circumstances result in physical injury.

Signature: _____

(If under 18, parent or legal guardian)

Gender: (M) (F)

Participant's Date of Birth: _____ Age: _____

T-Shirt Size: (YM) (YL) (S) (M) (L) (XL) (XXL)

\$25 Runner Registration

Emergency Contact Name:

Contact's Phone: _____

Send Completed Registration Form To:

United Fund of Surry

PO Box 409

Mount Airy, NC 27030

Make check payable to: United Fund of Surry

Each participant needs to register separately.

To register on-line:

<http://downtownrocksandruns.itsyourrace.com/>

ITS YOUR RACE

SPONSORS



CAROLINA CARPORTS INC.

QUALITY, CUSTOMER SERVICE & BEST PRICES



Ask about the Corporate Fitness Challenge and the Corporate Participation Challenge!!!

For information contact: Beth Pequeno
beth@unitedfundofsurry.org
336.789.3087



7th Annual Campaign Kick-Off



Downtown Rocks and Runs

Saturday, Aug. 16

@ 8:00 a.m.

USTAF Certified 5K course ~ Chip Timing

To register on-line:

<http://downtownrocksandruns.itsyourrace.com/>

ITS YOUR RACE

EVENT INFO

Saturday, August 16, 2014

RUN the 5K: 8:00 a.m.

Note time change!

- USTAF certified course, chipped timing
- First 200 registered runners will receive cool event t-shirt, and the best goodie bag around.
- Walkers welcomed!
- All participants get FREE entry to concert, Registration Fee:
\$25 prior to August 14
\$30 day of race

Kids' Fun Run: 8:15 a.m.

- FREE for kids 12 and under
- Course: 500 yards
- All children receive a participation ribbon

ROCK: 7:00 pm

Old North State Winery

After party with Hot Sauce Band!

- Tickets: \$10 available at door
- 5K participants-FREE with bib
- Food, drinks, beer and wine available for purchase



HOT Sauce
PARTY • BAND

3/14/2014

COURSE INFO

Gather in front of Mount Airy City Municipal Building on South Main Street for Registration. • **Starting Line:** Walk to Post Office parking lot at Cherry Street • Head South on Cherry Street, cross Renfro Street behind Reeves Community Center. • Left at Gilmer Street. Right onto East Pine Street (Hwy 89) • Right at City Municipal Works Building entrance of Ararat River Greenway. • Proceed on the trail to the turnaround location (water stop @ Hamburg St.), and run back out the trail to the exit at Riverside Park. • Go straight across Riverside Drive onto Independence Blvd., (conquer that hill!) Go straight across Renfro St., then turn left onto Main St.. (water stop @ McDonald's) • **Finish line:** front of Mount Airy City Municipal Building.



Chip Timing Provided by:

GO!
SPORTS
TIMING & EVENTS

AWARDS

- Awards for 1st, 2nd, 3rd Overall winners: male/female
- Awards for 1st, 2nd, 3rd place in each age division: male/female
- Age divisions: 13 and under, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and over

SCHEDULE

Early Packet Pick Up: Reeves Community Center: Friday, Aug. 15: noon-6pm
Race Day: 7:00 am– Municipal Building

Race Day Registration: 7:00 am
In front of Mt. Airy Municipal Building

Race Start Time: 8:00 am, Starting Line: Post Office Parking Lot on Cherry Street

Kids' Fun Run: 8:15 am
Meet in front of Municipal Building

Race Awards: 8:45- front of Municipal Bldg.

Party: 7pm– Old North State Winery, Main Street, downtown Mount Airy



When you support us, you help all 26 member agencies:

- American Red Cross
- Armfield School Age Care
- Boy Scouts & Girl Scouts
- Charles Stone Memorial Library
- Children's Center of Surry
- Gallery Group
- Meals on Wheels
- Mountain Valley Hospice
- RCC Foundation
- RSVP
- Salvation Army
- Shepherd's House
- SAC: Special Needs Programs
- Surry Domestic Violence
- Surry Friends of Youth
- Surry Medical Ministries
- Surry SCAN
- Surry Senior Centers
- Webb Southern Community Center
- Yokefellow

5 Area Recue Squads: Ararat, VA; Blue Ridge; Dobson; Mount Airy; and Pilot Mountain